

NEWS RELEASE
For Immediate Release
April 21, 2010
Calgary, Alberta
38,036,302 shares outstanding

**SAHARA ENERGY LTD.
(TSX Venture Exchange: SAH)**

Notice of Intention to Make a Proposal

Calgary, Alberta (April 21, 2010) Sahara Energy Ltd. (the "Company" or "Sahara") announces further to its new release issued March 23, 2010, that the stay of proceedings which protects the Company from its creditors has been extended to June 4, 2010.

"Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release."

FOR FURTHER INFORMATION, PLEASE CONTACT:

Peter J. Boswell
President
Sahara Energy Ltd.
Telephone: (403) 232-1359
Fax: (403) 232-1307
E-mail: pete@Saharaenergy.ca